



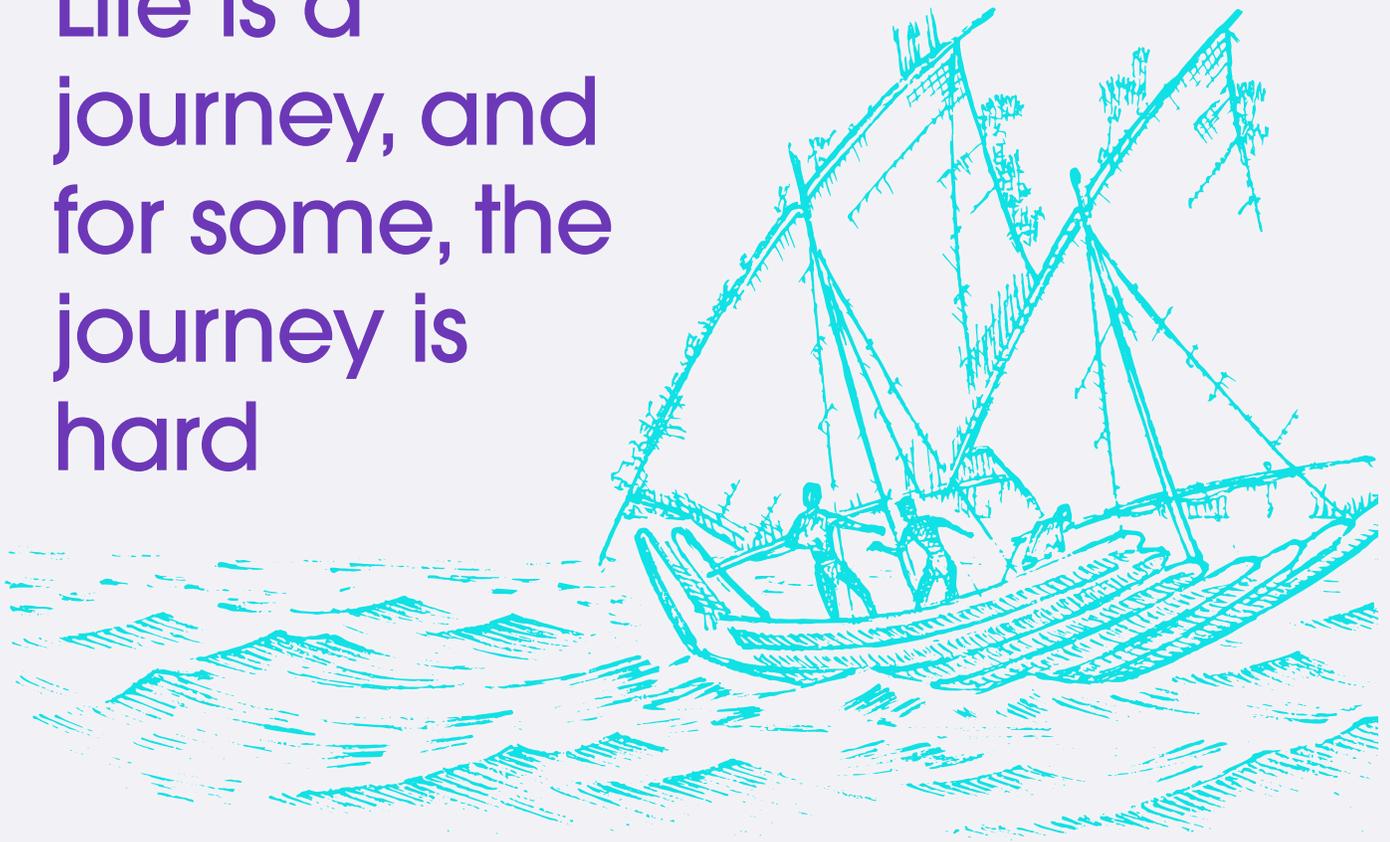
voyage

R E S O U R C E S

your journey forward



Life is a journey, and for some, the journey is hard



The seas are rough, the skies stormy. It's hard to navigate and find a way forward.

When children are in need of guidance, when their parents are

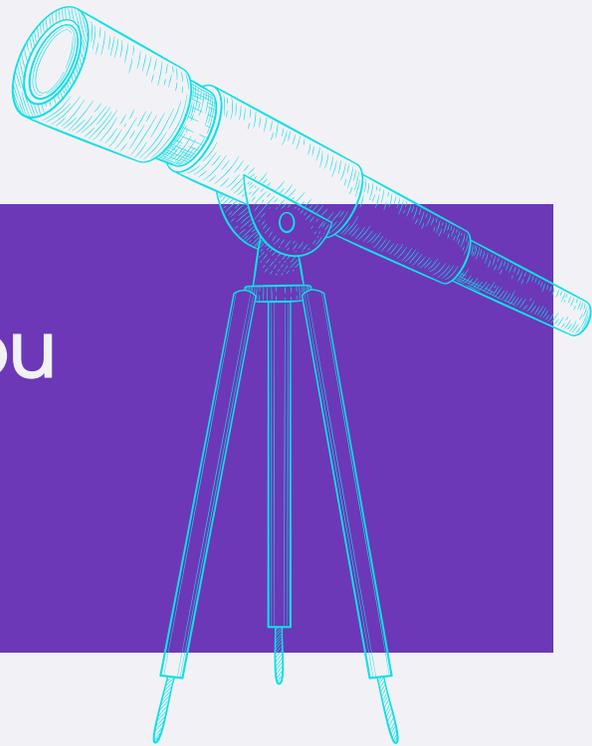
lost about the next steps, Voyage steps in to ensure a smooth journey. Because, when they head the right direction, every child is destined to succeed.

Voyage Resources arranges Health Home Care Management and HCBS (Home and Community Based Services) for children with chronic medical conditions or serious emotional disorders.

We work with you to understand your child's challenges early on, develop a comprehensive intervention plan, and then put

the plan into motion. With Voyage, your child and your family now have a compass, guiding you on your smooth journey forward.

We'll help you reach your destination



Every child is dealing with something. However, sometimes the emotional challenges are so overwhelming that they interfere with the child's daily living. i.e., anti-typical behaviors, poor achievement in school, etc. A household can easily be shattered because a child is struggling.

That is where Voyage steps in.

We are here to help your child, your family, and you. We work with you to navigate your individual citation and provide a wide range of training and courses for parents and their families to sail through their journey with peace and clarity.

Health Home

The health home care manager's role support to connect the family and individual with direct service providers and to monitor the progress that your child is making with those providers and services

Provided by Hand in Hand

HCBS

A program entailing multiple services to help your child develop emotionally healthy. Amongst them, Community advocacy, prevocational training, Caregiver, Com-hab and Respite.

Provided by C.A.R.E.S.

What is The Children's Health Home?

It began in 2017, when the Department of Health saw how many children were ending up in the emergency room. It was unfortunate to watch.

So many of the situations could have been avoided — if only the

parents had the resources to provide the adequate emotional care children craved.

Wanting to change the trajectory for future generations, The Children's Home was established.

When a child has significant challenges related to their health or emotional well-being, they need a supportive team on deck with them. Health Home is that support system.

Your Health Home care manager arranges and oversees services for your child and family. Your Hand In Hand care manager carries a rare combination of heimishkeit and professionalism. They understand. And they are equipped to help.

With years of experience, they recognize your son or daughter's essential needs and connect you with the right resources. They speak with melamdim, teachers, menhalim, principals and more, constantly monitoring your child's progress, and supporting your family.

With a care manager, you'll feel comfortable and at ease knowing that you and your child are in good hands.

The program was built with a simple premise:

Any sort of stress or situation in the household could be a reason for a child to lack the appropriate tools to grow up in a healthy state.

But, with the right team on their side, children can power through and overcome. That's why Health Home is there to help.

Is my child eligible for the Health Home and HCBS programs?

Is your child currently experiencing severe challenges that interfere with a daily occurrence (i.e. struggles with learning, social disturbances)?

Does your child have Medicaid eligibility? (It can be through a secondary insurance, i.e. Fidelis.)

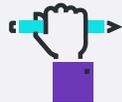
Within the last two years, has your child been diagnosed with two chronic conditions?

Does your child have a serious emotional disturbance (SED)?

(An evaluation by a professional is needed for proof of eligibility.)

If so, your child may be eligible.
We can help you through the process.

How does a Health Home Care Manager help my child?



Education

- Work with the school or yeshiva to make sure your child is learning in their ideal environment
 - Help with 504 Plans and IEPs
 - Accessing your child's eligibility for services such as OT, PT, and more
-



Skill Development

- Connecting your child to providers who can help develop skills for daily living, integrating into the community, and job preparation
- Facilitate your child's enrollment in HCBS



Interventions

- Coordinate interventions for emotional difficulties, challenging behaviors, and mental health or substance abuse issues
 - Schedule evaluations, locate appropriate mental health professionals, and other supportive resources for you and your child
-



Social Benefits

- Finding and applying for free community-based resources such as food stamps
-



Health

- Find appropriate professionals for vision, dental and medical care, nutrition, and mental health
- Help obtain medically approved accessories and devices

What is HCBS?

Every child has potential — sometimes they need help reaching it. Home and Community Based Services is a collection of programs that help your child integrate into the community and learn to function without needing support.

Your child will collaborate with a Direct Support Professional

(DSP) to progress towards goals that fit their needs. Your child will only receive the services pertaining to their specific needs.

In addition to the training provided by the DOH, we provide our DSPs with various training fit for our community that will improve your child's wellbeing.

Caregiver Family Support

We ensure your child is consistently working to reach their goals by collaborating with your school, after-school programs, summer programs, and other programs your child joins. In addition, we:

- **Provide courses for parents and their families**
- **Connect you to the right sources and programs**

Community Self Advocacy

Your child learns the behaviors needed for an independent life:

- **Navigate public transportation**
- **Walking alone and asking for directions if lost**
- **Socializing and communicating in social settings**
- **Behave appropriately in public. (i.e., shul, school)**

Respite

We look after your child for a few hours so you can enjoy a brief break and return to parenting with focus and renewed energy.

Prevocational

Prepare your child to have a job one day:

- **Visiting and learning about possible fields of employment**
- **Developing social skills and communication skills**
- **Maintaining professional dress and hygiene**
- **Keeping daily appointments and schedules**
- **Being organized,**
- **Following instructions, taking feedback, and managing time**
- **Reading and writing**

Community Habilitation

Com-hab is used to work on basic daily living skills such as socialization, communication, emotional regulation, and behavior.

The Health Home and HCBS process:

We want to make sure your child has the best care possible. Although the process is lengthy and oftentimes confusing, we are here for you throughout. Please don't hesitate to reach out with any questions or concerns at any point of the process.

Health Home Enrollment Process

1. Consent Forms:

You will be given multiple forms to sign upon enrollment. These forms will give the agency permission to enroll your child, conduct an assessment, have access to medical and educational records, be notified upon hospitalization, and speak with any individual listed on your child's Information Sharing form.

2. SED and LPHA

In order for a child to be enrolled at Voyage, they need to have a diagnosis of an SED from a NYS licensed professional (ex: pediatrician, therapist, LCSW). If your child has not been evaluated/diagnosed in the last year, Voyage will arrange for an evaluation. The licensed professional will determine whether or not your child meets criteria for a diagnosis of SED or any other potential diagnosis, (not every behavior concern is an SED).

The state requires both an SED and LPHA form be completed by a licensed professional in order to be enrolled in the health home program and HCBS.

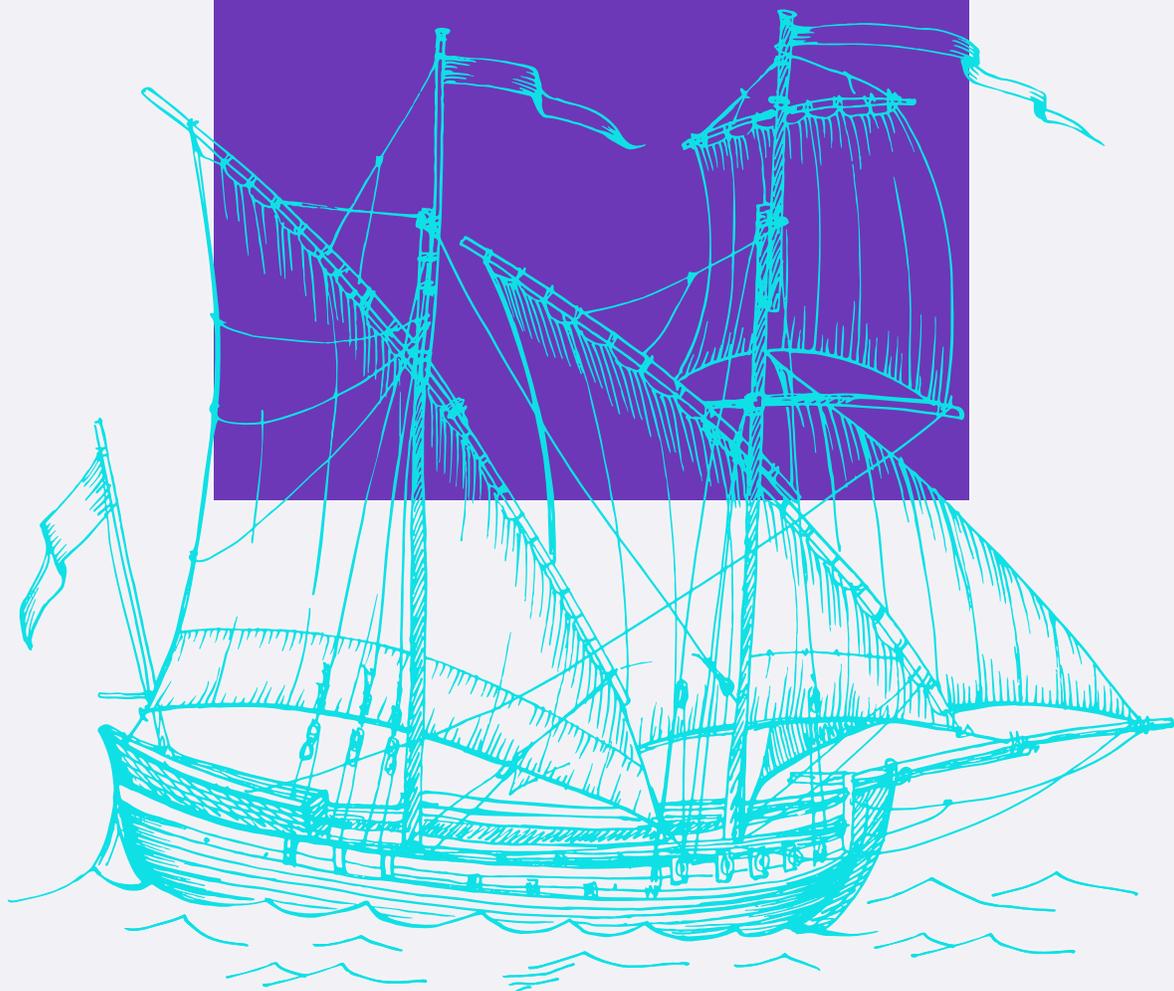
Keep in mind that this is a working diagnosis. As your child learns new skills, the diagnosis might evolve or be removed entirely.

3. CANS:

You will receive a phone call to schedule an assessment, which is different from the evaluation your child already underwent. The assessment is a series of detailed questions regarding you and your child's challenges to help assess the needs of the family. The phone call takes approximately 20 minutes.

Congrats! Once you are enrolled in the Health Home program, intake can refer you to HCBS for additional services.

Your child
will sail
smoothly



HCBS Enrollment Process

1. A plan of care will be created to begin the HCBS process following the assessment. You will also be assigned a DSP who will act as your liaison.
2. Your intake coordinator will then collaborate with you to discuss which HCBS services will be applied for your child based on their specific needs and challenges.
3. You will be asked which HCBS provider agency you choose to receive the services from.
4. A Freedom of Choice form (stating you had the freedom to choose whichever agency you want) will need to be signed in addition to adding the HCBS provider agency to your child's Information Sharing form.
5. Upon the receipt of the signed forms, the intake coordinator will send your child's referral packet into the HCBS provider agency.
6. You'll also receive a comprehensive letter informing you of the exact services and how many hours your child is approved for.
7. Together, we will create a treatment plan centered around your child's goals and collaborate with you and your care providers to reach the milestones.
8. You, as the caregiver, are welcome to regularly check in with the DSP to review your child's progress. If you want to adjust your child's goals, you can always reach out to your DSP, care manager, or Voyage directly.
9. Your child's progress will be evaluated with a new assessment every six months, after which their care plan will be adjusted to reflect their progress.
10. Your child will now be assigned a personal care manager, who will oversee their care plan and services. Their care management will begin at the start of the next calendar month.
11. In addition to regular contact, your care manager will reach out every month to discuss your child's development and plan their services for the month ahead.

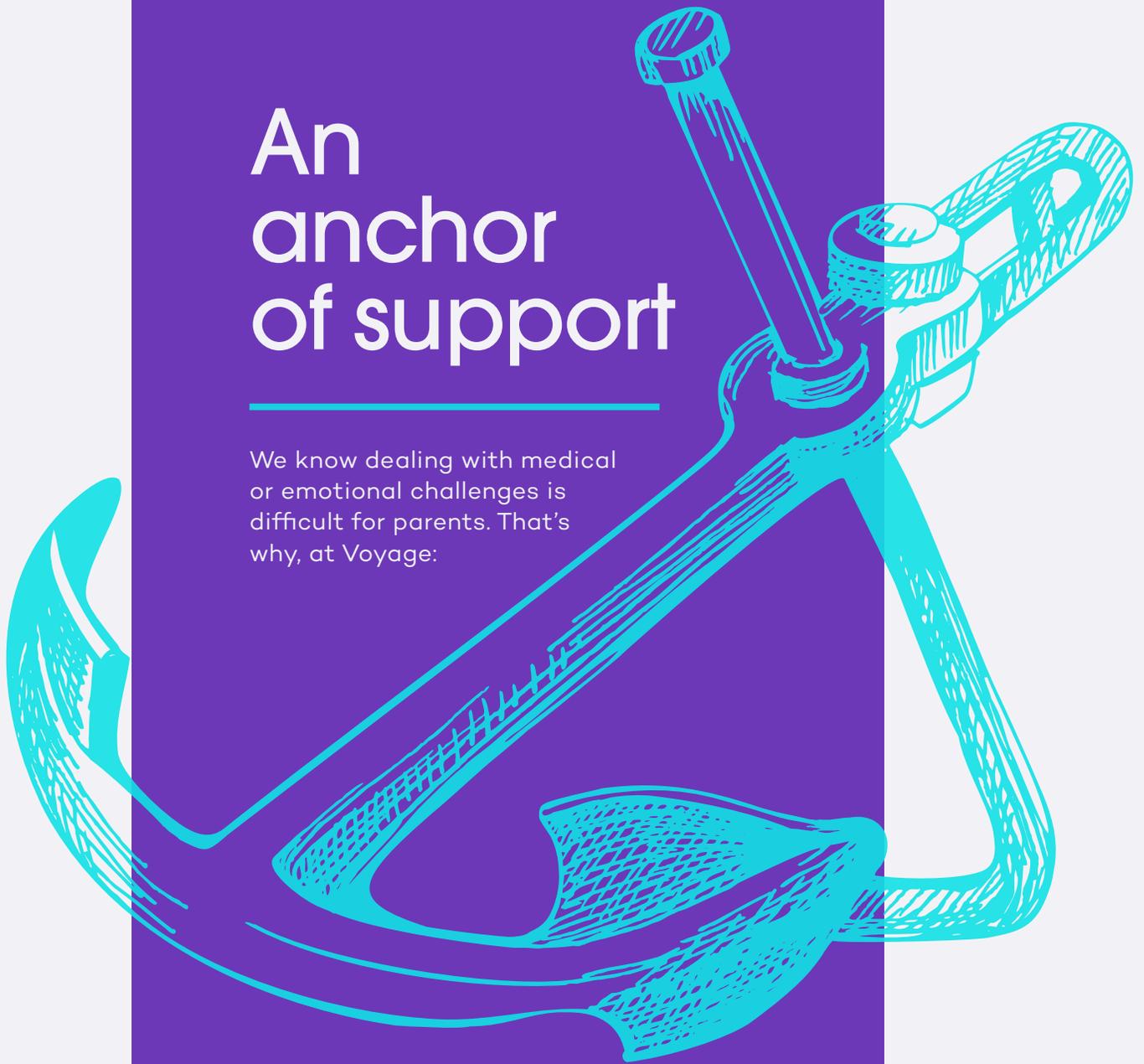
Please note: The care manager oversees your child's general progress whereas the DSP delivers the services. The care manager is not your DSP.

It's possible.
Your child is
destined to
succeed.



An anchor of support

We know dealing with medical or emotional challenges is difficult for parents. That's why, at Voyage:



We're constantly available.

We hold your hand through the entire process. Call us anytime between 9:30-5:30 and a knowledgeable admin will answer your questions.

You're always in the loop.

We do our best to keep parents updated throughout every step of the process. Parents can also track children's services on the website or by calling the office, so you always know where your child's services — and progress — stands.

Each school has a designated Voyage liaison.

We work in tandem with your child's teachers and therapists to ensure we're taking steps forward — together. We have an exclusive team of individual representatives for each yeshiva, school, or organization. Keeping constant tabs with them, we look forward to seeing your child's progress. In addition, we continuously offer courses and methods to fit your child's specific needs.



Our goal? For your
children to make
so much progress,
they no longer
need our help.

718.534.4343

666 Flushing Ave. Brooklyn, NY 11206
voyageresources.org